

Initiation complex dynamics direct the transitions between distinct phases of early HIV reverse transcription

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Human immunodeficiency virus (HIV) initiates reverse transcription of its viral RNA (vRNA) genome from a cellular tRNA₃^{Lys} primer. This process is characterized by a slow initiation phase with specific pauses, followed by a fast elongation phase. We report a single-molecule study that monitors the dynamics of individual initiation complexes, comprised of vRNA, tRNA and HIV reverse transcriptase (RT). RT transitions between two opposite binding orientations on tRNA–vRNA complexes, and the prominent pausing events are related to RT binding in a flipped orientation opposite to the polymerization-competent configuration. A stem-loop structure within the vRNA is responsible for maintaining the enzyme predominantly in this flipped orientation. Disruption of the stem-loop structure triggers the initiation-to-elongation transition. These results highlight the important role of the structural dynamics of the initiation complex in directing transitions between early reverse transcription phases.

As a key step in the life cycle of HIV, reverse transcription converts the single-stranded vRNA genome into an integration-competent double-stranded DNA¹. This multistep reaction is catalyzed by the viral enzyme RT, which initiates DNA synthesis from the 3′ terminus of a cell-derived tRNA₃^{Lys} annealed to an 18-nucleotide (nt) primer binding site (PBS) in the vRNA². As a prerequisite of reverse transcription, the tRNA primer, vRNA template and RT must assemble into a productive ternary ribonucleoprotein complex, called the initiation complex^{3–5}. Various chemical and enzymatic probing assays have revealed extensive intermolecular interactions within this complex, which are important for the efficiency and specificity of the initiation of minus-strand DNA synthesis^{6–10}.

The early stages of reverse transcription comprise a slow, distributive initiation phase followed by a fast, processive elongation phase^{11,12}. The initiation phase is characterized by slow DNA polymerization, rapid dissociation of RT and frequent kinetic pauses during primer extension. These pausing events result in the accumulation of short extension products, such as the tRNA+3 and tRNA+5 intermediates. Notably, after addition of the sixth nucleotide to the tRNA primer, reverse transcription transitions to the elongation phase with markedly increased polymerization rate and processivity¹³. The unique and complex nature of the initiation process makes it an attractive target for antiviral drugs. Indeed, it has been shown that some RT inhibitors and RT drug-resistance mutations have different effects on initiation as compared to elongation⁹. Elucidating the mechanism underlying the initiation process could therefore set the stage for developing novel inhibitors for combating HIV infection. However, a consensus on the structure of the initiation complex has yet to be reached^{7,14,15}. Furthermore, the dynamics of the complex and the

mechanism underlying the transitions between various phases of early reverse transcription remain incompletely understood^{13,16–19}.

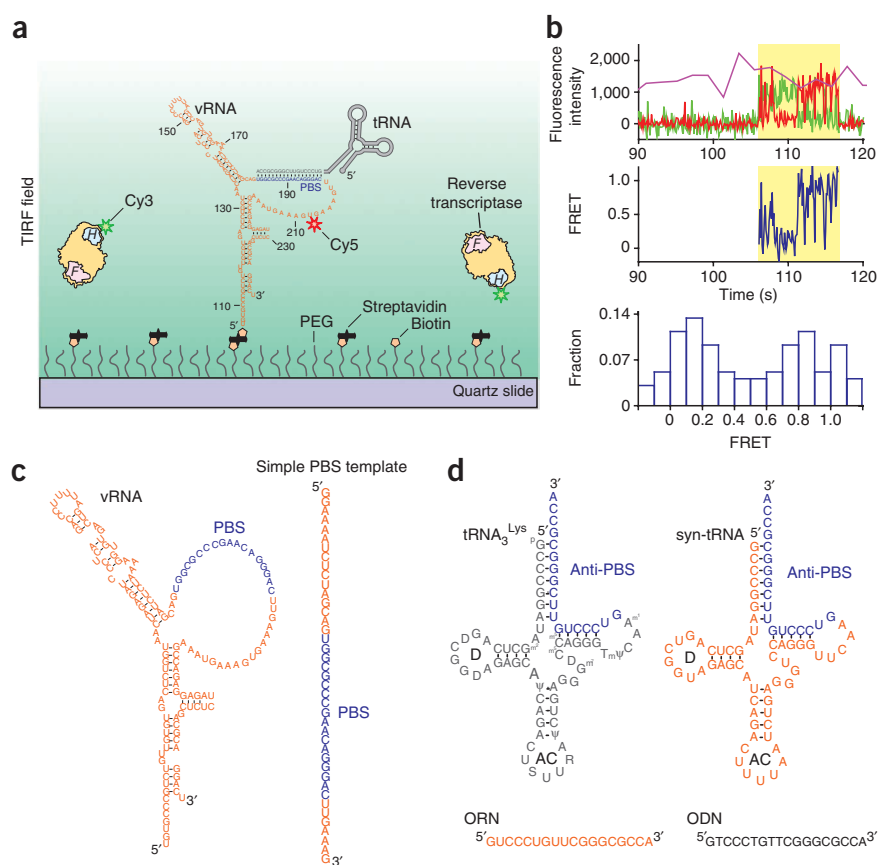
We recently demonstrated that RT shows remarkable orientational and translational dynamics on its nucleic acid substrates^{20,21}. Such large-scale motions facilitate various stages of reverse transcription, including DNA synthesis, RNase H cleavage and strand-displacement synthesis. In particular, RT can bind its substrates in two opposite orientations^{20,22}. In one orientation, the DNA polymerase active site is positioned over the 3′ end of the primer, ready to catalyze primer extension. In the other, RT is flipped ~180° such that the DNA polymerase active site is physically separated from the primer 3′ end and thereby unable to support synthesis. Here, we investigated whether such orientational dynamics regulate the initiation of reverse transcription.

To test this hypothesis, we applied single-molecule fluorescence resonance energy transfer (FRET)^{23,24} and ensemble primer-extension assays to probe the conformation and enzymatic activity of the initiation complex. Notably, we found that this complex supports both the polymerase-competent and the flipped RT binding orientations. Furthermore, the equilibrium between these two binding orientations evolves as RT elongates the tRNA primer, and changes in the primer extension activity correlate with changes in the enzyme's binding orientation. In particular, a stem-loop structure within the vRNA adjacent to the PBS forces RT to bind predominantly in the flipped, polymerization-incompetent orientation, causing reverse transcription pauses. Disrupting this structure by strand-displacement synthesis allows RT to bind in the polymerase-competent mode and triggers the transition from initiation to elongation.

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Figure 1 Single-molecule FRET assay for probing the structural dynamics of the initiation complex. **(a)** The vRNA template (orange) is labeled with a FRET acceptor (Cy5, red star) near the PBS (blue), annealed to a tRNA primer (gray) and immobilized to the PEG-coated surface via a streptavidin-biotin linkage. The surface-anchored tRNA–vRNA substrates are immersed in a solution containing RT (yellow) labeled with the FRET donor (Cy3, green star). The fingers and RNase H domains of RT are indicated by F and H, respectively. Fluorescence signal from single tRNA–vRNA–RT complexes are detected using a TIRF microscope. **(b)** FRET analysis of RT binding events. Top, the fluorescence signals from Cy3 (green) and Cy5 (red) under 532-nm illumination and the signal from Cy5 directly excited by 635-nm illumination (purple). Binding of RT to the substrate (highlighted by yellow) results in an increase in the total fluorescence signals from Cy3 and Cy5 under 532-nm illumination due to excitation of the FRET donor, but does not affect the Cy5 signal from direct excitation by 635-nm light. Middle, FRET values during the binding event. Bottom, FRET histogram of the binding event. **(c)** Sequences of the vRNA and simple RNA PBS templates studied in this work. **(d)** Sequences of the natural tRNA₃^{Lys}, synthetic tRNA (syn-tRNA), and oligoribonucleotide (ORN) and oligodeoxyribonucleotide (ODN) primers.



RESULTS

Single-molecule assay for studying initiation complex dynamics

To facilitate single-molecule FRET measurements, we labeled specific sites of the initiation complex with FRET donor and acceptor dyes. First, we constructed a vRNA template using the sequence corresponding to nucleotides 106–245 of the HIV-1 genome (NL4.3 isolate), with the PBS located at nucleotides 183–200. It has been shown that the sequence within the initiation site of the NL4.3 isolate is representative of 86% known HIV-1 isolates¹⁴ and that sequences outside this region do not affect the efficiency of reverse transcription²⁵. A FRET acceptor dye (Cy5) was site-specifically attached to U208 near the 3' end of the PBS (**Fig. 1a**). The natural tRNA₃^{Lys} primer was then annealed to the PBS. Next, tRNA–vRNA complexes were anchored to a slide surface and immersed in a reaction buffer containing HIV-1 RT labeled with a FRET donor dye (Cy3) at its RNase H domain (**Fig. 1a**). Dye labeling of RT and vRNA did not alter reverse transcription kinetics appreciably (**Supplementary Fig. 1**). Fluorescence emission from individual tRNA–vRNA–RT ternary complexes was monitored using a total-internal-reflection fluorescence (TIRF) microscope. Freely diffusing RT was observed to bind and dissociate from the tRNA–vRNA substrates in real time. Each binding event caused an increase in the total fluorescence signal due to excitation of the FRET donor dye (**Fig. 1b**). FRET values recorded during the binding event allowed us to determine the binding configuration of the enzyme. In this scheme, dissociation of the enzyme would result in a loss of the total fluorescence signal, whereas a FRET value change without loss of total fluorescence could be interpreted as a change of binding configuration. In addition to the tRNA–vRNA substrates, we also probed the binding configuration of RT on substrates comprising a variety of primer and template structures (**Fig. 1c,d**).

RT adopts two opposite orientations in initiation complexes

It has been shown that HIV-1 RT can bind to simple primer–template substrates in two opposite orientations^{20,22}: in the case of a DNA primer, RT binds almost exclusively in the polymerase-competent orientation; in the case of a random-sequence RNA primer annealed to a simple DNA template, RT binds in the flipped orientation that inhibits primer extension. It is thus interesting to ask which orientation RT would adopt on the substrate formed between two complex RNA structures (tRNA and vRNA), which supports primer extension despite its RNA primer composition. Should RT bind in the polymerase-competent orientation, we expect to observe a high FRET value due to the proximity of the FRET donor and acceptor dyes according to previous crystallographic and footprinting data^{26–28}. In contrast, the flipped orientation, with the donor and acceptor separated by the 18-base-pair tRNA–PBS duplex, should give a low FRET value of ~0.2–0.3 (**Fig. 2a**).

Notably, the binding of RT to the tRNA–vRNA complex gave two distinct FRET peaks centered at ~0.9 and ~0.2 (**Fig. 2b**), suggesting that RT binds in both the polymerase-competent and flipped orientations on this substrate. To confirm the assignments of the two FRET states, we took advantage of the knowledge that cognate deoxyribonucleotides preferentially stabilize RT binding in the polymerase-competent orientation²⁰. Indeed, when the FRET distribution was acquired in the presence of the cognate nucleotide (over a short duration to avoid substantial primer extension), the equilibrium shifted toward the high-FRET state (**Fig. 2b**), supporting the assignment of this state to the polymerase-competent binding mode. The two binding modes were also observed when the tRNA₃^{Lys} primer was annealed to a simple RNA template containing the PBS sequence without any secondary structures (**Fig. 1c** and **Supplementary Fig. 2**),

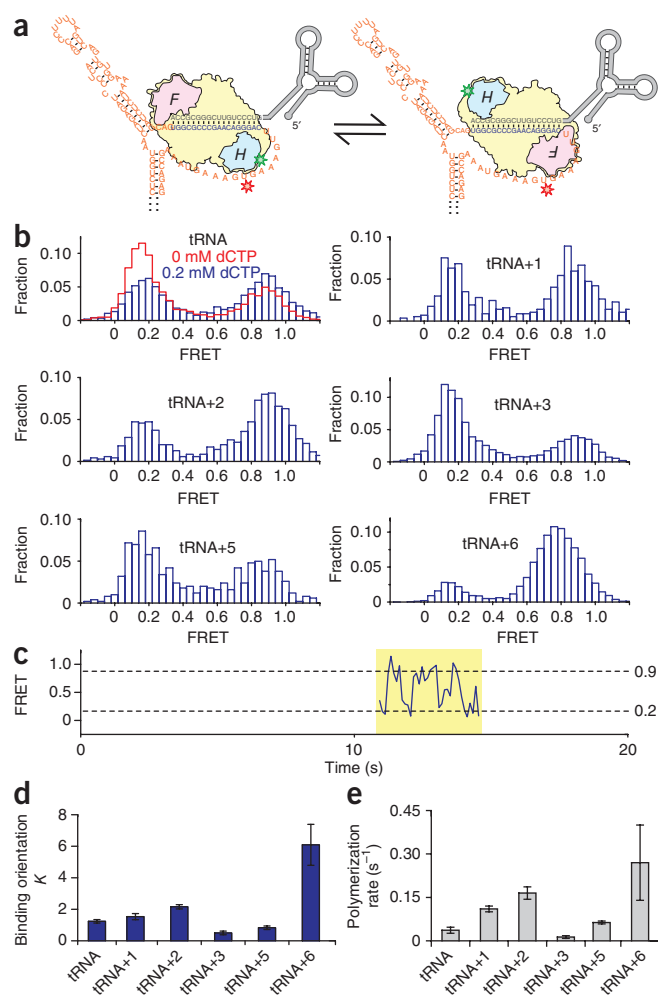


Figure 2 RNA-dependent DNA polymerase activity of RT correlates with its binding orientation in the initiation complex. **(a)** Cartoon illustrating RT bound to the tRNA-vRNA complex in the polymerase-competent (left) and flipped (right) orientations. **(b)** FRET distribution obtained when Cy3-labeled RT binds to Cy5-labeled tRNA+*n*-vRNA complexes in the presence of 200 μ M cognate dNTP. In the case of tRNA (*n* = 0), the FRET distribution in the absence of dNTP (red) is also shown. The FRET distributions for other *n* values in the absence of dNTP are shown in **Supplementary Figure 5**. **(c)** Representative time trace of an RT binding event (highlighted in yellow) shows spontaneous transitions between the high- and low-FRET states. **(d)** The equilibrium constants K between the polymerase-competent and the flipped binding orientations of RT in the presence of 200 μ M cognate dNTP. Error bars are s.e.m. from at least three independent experiments. **(e)** Primer extension rates on the vRNA template. The primer extension rate is highly correlated with the binding orientation equilibrium K , showing a correlation coefficient of 0.94. Error bars are s.d. from at least three independent experiments.

to adopt and flip between the two orientations does not require these interactions outside the PBS. Finally, when an 18-nt oligodeoxynucleotide (ODN) primer was annealed to the vRNA template, RT bound almost exclusively in the high-FRET, polymerase-competent orientation (**Supplementary Fig. 3d**). In addition, the average binding time of RT was substantially longer on the ODN primer (40 s) than on the ORN (2.0 s) and tRNA (1.6 s) primers. These results indicate that both the nature of the nucleotide (deoxyribonucleotide versus ribonucleotide) and the secondary structure of the primer are involved in determining RT's binding orientation.

Polymerase activity correlates with RT binding orientation

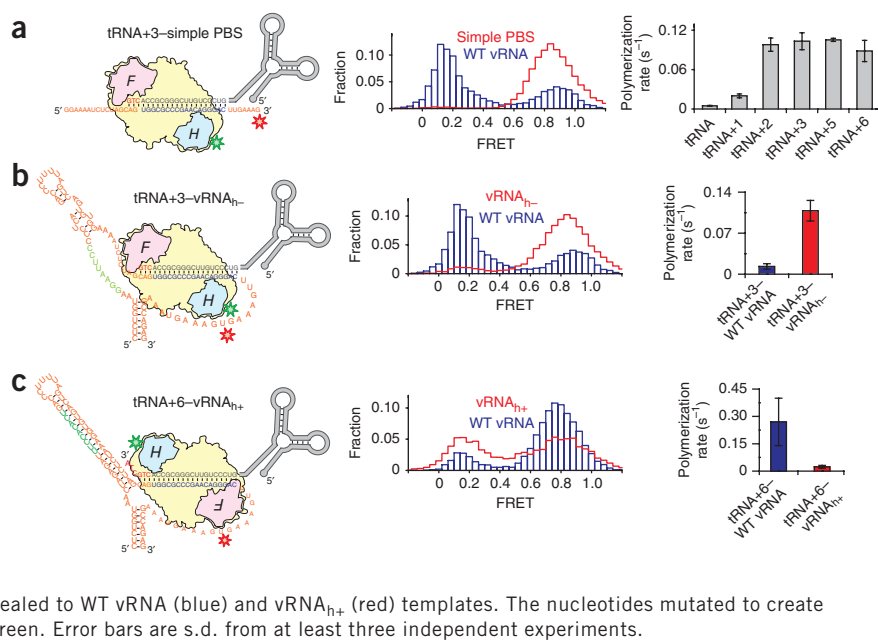
To investigate how RT's binding orientation changes during the initiation of minus-strand DNA synthesis, we constructed a series of tRNA-DNA chimeras, tRNA+*n*, representing intermediates encountered at varying primer extension steps (where *n* denotes the number of deoxyribonucleotides added to the tRNA 3' terminus) (**Supplementary Fig. 4**). Cy3-labeled RT was then added to the Cy5-labeled tRNA+*n*-vRNA substrates. All tRNA+*n*-vRNA-RT initiation complexes (*n* = 0–6) supported both high- and low-FRET binding orientations (**Fig. 2b** and **Supplementary Fig. 5a**). The equilibrium constant K between the two FRET states increased when *n* was increased from 0 to 2 (**Fig. 2b,d** and **Supplementary Fig. 5**). Notably, when tRNA was further extended by one extra nucleotide (to tRNA+3), RT binding shifted substantially toward the flipped orientation, which remained dominant until position tRNA+5 (**Fig. 2b,d** and **Supplementary Fig. 5**). Finally, when a sixth nucleotide was added to the tRNA primer, another major shift occurred, resulting in a predominant polymerase-competent binding orientation for the enzyme (**Fig. 2b,d** and **Supplementary Fig. 5**). Analysis of the flipping rate constants indicates that the change in the flipping equilibrium is modulated primarily by the rate at which RT transitions from the polymerase-competent to the flipped orientation, whereas the reverse rate does not vary substantially with the length of the DNA extension (**Supplementary Fig. 5b**).

Intriguingly, the positions at which the binding orientation equilibrium undergoes major changes (tRNA+3 and tRNA+6) correspond to major transitions in primer extension kinetics: polymerization shows a strong pause at tRNA+3 and a transition from the slow initiation phase to the rapid elongation phase at tRNA+6 (refs. 11,13). These correlations raise the possibility that the DNA synthesis activity of RT during initiation may be regulated by its binding orientation. To test this notion, we performed single-turnover nucleotide incorporation assays to determine the primer extension activity of RT on all reaction intermediates used in the single-molecule FRET experiments.

further supporting the notion that the two FRET states originate from different binding configurations of RT on the tRNA-PBS duplex rather than binding to regions of vRNA outside the PBS. Moreover, the FRET time trace showed spontaneous transitions between the ~0.9 and ~0.2 FRET states within individual binding events (**Fig. 2c**), indicating that RT could dynamically transition between the two orientations without dissociation.

We next studied the influence of tRNA structure on RT binding orientation by testing substrates formed by various other primers (**Fig. 1d**) and the vRNA template. First, we replaced the natural tRNA₃^{Lys} with a synthetic, unmodified tRNA (syn-tRNA) to test the effect of the modified tRNA bases. The FRET distribution observed for the syn-tRNA-vRNA-RT complexes was similar to that of tRNA₃^{Lys}-vRNA-RT (**Supplementary Fig. 3a,b**). The equilibrium constant (K) between the high-FRET and low-FRET orientations was 0.54 ± 0.06 for natural tRNA₃^{Lys} and 0.64 ± 0.10 for syn-tRNA, respectively. Next, we used an 18-nt oligoribonucleotide (ORN) primer complementary to the PBS in place of tRNA₃^{Lys}. In this case, RT can still transition between the two orientations, with the equilibrium shifting toward the high-FRET orientation with $K = 1.8 \pm 0.2$ (**Supplementary Fig. 3c**). It has been suggested that the anticodon loop of the tRNA base-pairs with the A-rich loop upstream of the PBS, although data on whether such interactions exist in the NL4.3 isolate are mixed^{14,15,29}. Because such interactions would not be present in the case of the ORN primer, our results indicate that the ability of RT

Figure 3 The stem-loop structure upstream of the PBS causes the major pauses during initiation and governs the initiation-to-elongation transition. **(a)** Left, cartoon of RT bound to tRNA+3–simple PBS substrate. Middle, FRET histograms for RT bound to tRNA+3 primers annealed to the vRNA template (blue) and simple PBS template (red). Right, rates of single-nucleotide addition to various tRNA primers on the simple PBS template. **(b)** Left, cartoon of RT bound to tRNA+3–vRNA_{h₋} substrate. Middle, FRET histograms for RT bound to tRNA+3 primers annealed to wild-type (WT) vRNA (blue) and vRNA_{h₋} (red) templates. Right, rates of single-nucleotide addition to tRNA+3 primers annealed to WT vRNA (blue) and vRNA_{h₋} (red) templates. **(c)** Left, cartoon of RT bound to tRNA+6–vRNA_{h₊} substrate. Middle, FRET histograms for RT bound to tRNA+6 primers annealed to WT vRNA (blue) and vRNA_{h₊} (red) templates. The nucleotides mutated to create the vRNA_{h₋} and vRNA_{h₊} constructs are shown in green. Error bars are s.d. from at least three independent experiments.



Indeed, the primer-extension rate was closely correlated with the equilibrium between the two binding orientations (**Fig. 2d,e**). In particular, RT had the lowest primer extension activity on the tRNA+3 primer, where the enzyme preferentially bound in the flipped orientation, and the fastest extension kinetics on tRNA+6, where the enzyme predominantly bound in the polymerase-competent orientation. These observations suggest that the polymerase activity of the enzyme is regulated at least in part by its binding orientation.

Stem-loop near PBS causes reverse transcription pausing

Next we investigated the origin of the pauses during early reverse transcription, namely the structural features of the initiation complex responsible for the flipped RT binding orientation and slow primer extension rate. The most prominent pause during initiation is at position +3, for which two possible explanatory scenarios may be hypothesized: (i) the 3-nt DNA addition to the tRNA primer may confer on it a unique structure (or primer–PBS duplex structure) that disfavors RT binding in the polymerase-competent orientation; (ii) alternatively, the stem-loop structure in the vRNA template 3 nt upstream of the PBS^{14,16} may force RT to bind in the flipped orientation and decrease DNA synthesis activity. To distinguish between these possibilities, we compared the binding configuration and primer extension kinetics of RT on the simple PBS template (**Fig. 1c**) to those on the vRNA template. Although RT preferentially bound in the low-FRET state on the tRNA+3–vRNA substrate, it strongly favored the high-FRET, polymerase-competent orientation on the tRNA+3–PBS substrate (**Fig. 3a**). Moreover, the substantial drop in primer extension rate from the tRNA+2 to tRNA+3 position observed on the vRNA template was not reproduced on the simple PBS template (**Fig. 3a**). As a result, unlike in the case of the vRNA template, no substantial pause was detected at position +3 on the simple PBS template (**Supplementary Fig. 6a,b**). These results indicate that the strong +3 pause on the vRNA template is not due to an intrinsic structural property of the tRNA+3 primer, but rather originates from the template structure.

To test the role of the vRNA stem-loop structure in regulating RT's binding dynamics, we created a mutant, vRNA_{h₋}, by altering

the sequence at positions 135–142 such that the 8 base pairs at the base of the stem-loop could not form (**Fig. 3b**). When RT was added to the tRNA+3–vRNA_{h₋} substrate, the FRET distribution showed a single peak at ~0.9 (**Fig. 3b**), indicating binding predominantly in the polymerase-competent orientation. This result differs drastically from the behavior of RT on the wild-type vRNA template but mimics its interaction with the simple PBS template. Moreover, the single-nucleotide incorporation assay showed that eliminating the stem-loop structure in the vRNA_{h₋} template increased the primer extension rate at the +3 position by ~8-fold compared to the wild-type vRNA (**Fig. 3b**), consistent with a previous report that altering vRNA sequences upstream of the PBS can eliminate the +3 pause site¹⁶. Overall, the above observations demonstrate that the secondary structure of the vRNA template strongly influences the binding configuration of RT: the stem-loop structure upstream of the PBS reorients RT into a flipped, polymerase-incompetent orientation and induces pausing at position +3.

Conflicting results have been reported concerning whether the same +3 pause occurs when a DNA primer is used^{11,16}. Notably, we found that the ability of the stem-loop to reorient RT vanished when the tRNA was replaced by an ODN primer. RT bound predominantly in the polymerization orientation on an ODN+3–vRNA substrate despite the presence of the stem-loop structure (**Supplementary Fig. 6c**). Furthermore, RT showed much weaker pausing at the +3 position when reverse transcription was initiated from the ODN primer (**Supplementary Fig. 6d**). This observation rules out the possibility that the strong +3 pause seen with the tRNA primer is due only to the intrinsically slower rate of strand-displacement synthesis³⁰ as the enzyme passes through the vRNA stem-loop, which should occur for both tRNA and ODN primers, and further supports the notion that the flipped RT orientation on the tRNA–vRNA substrate imposed by the stem-loop was a major determinant of pausing.

Disruption of stem-loop triggers transition to elongation

Because the stem-loop structure induces strong pausing and consequently the slow, distributive initiation phase of DNA synthesis, we hypothesize that disassembly of the stem-loop structure might cause

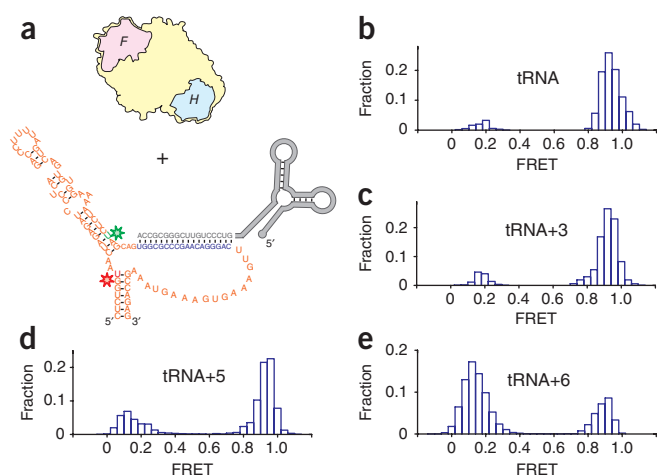


Figure 4 Disruption of the stem-loop structure upstream of the PBS occurs upon addition of the sixth nucleotide to the tRNA primer. (a) Diagram of the doubly labeled construct used to monitor the folding of the stem-loop structure. Cy3 (green star) and Cy5 (red star) are attached to vRNA positions U132 and U177. (b–e) The FRET distributions obtained when 100 nM RT was added to the doubly labeled template annealed to the tRNA (b), tRNA+3 (c), tRNA+5 (d) and tRNA+6 (e) primers.

the transition to the elongation phase that occurs between tRNA+5 and tRNA+6. Supporting this hypothesis, such a transition was not observed on the simple PBS template lacking the stem-loop structure, on which the tRNA+6 and tRNA+5 primers showed similar extension kinetics (Fig. 3a).

If unfolding of the stem-loop structure mediated the initiation-to-elongation transition, we anticipated that preventing hairpin disassembly would inhibit entry into the elongation phase. We therefore created another mutant vRNA template containing a hairpin structure lacking bulges (vRNA_{h+}), which we expected to be more stable and difficult to disrupt. Indeed, this modification shifted the binding configuration of RT toward the low-FRET orientation (Fig. 3c). In addition, the tRNA+6–vRNA_{h+} substrate showed a primer extension rate that was substantially slower than that of wild-type tRNA+6–vRNA but was more similar to those of the initiation phase (Fig. 3c). These results suggest that entry into the elongation phase requires disassembly of the stem-loop structure.

To further test this notion, we directly probed the stem-loop structure by placing Cy3 and Cy5 on U132 and U177 of the vRNA, respectively (Fig. 4a). A fully formed hairpin would bring the two dyes into proximity and generate a high FRET value, whereas an opened hairpin would force them apart and yield a low FRET value. We then annealed the doubly labeled vRNA template to various

tRNA+*n* primers and incubated it with unlabeled RT. In the case of an unextended tRNA primer, we observed a major FRET peak at 0.95 (Fig. 4b), reflecting a folded stem-loop structure. Similar FRET distributions were observed for the tRNA+3–vRNA and tRNA+5–vRNA substrates (Fig. 4c,d), indicating that the stem-loop was still largely intact after incorporation of up to five deoxyribonucleotides. In contrast, in the presence of tRNA+6, the majority of complexes showed a low FRET value of ~0.15 (Fig. 4e), indicative of opening of the hairpin structure. Presumably, in the tRNA+6–vRNA–RT complex, competition from the terminal three nucleotides of tRNA+6 destabilizes the stem-loop and, together with the bulges in the upper half of the stem-loop, makes this structure relatively unstable. Unfolding of the stem-loop structure explains why RT can engage this substrate predominantly in the polymerase-competent mode (Fig. 2b,d) and synthesize DNA efficiently (Fig. 2e).

Role of NC in the initiation phase of DNA synthesis

The viral nucleocapsid (NC) protein has been reported to facilitate various stages of HIV replication, including reverse transcription^{31,32}. NC is a small, basic protein that nonspecifically binds nucleic acids and possesses nucleic acid chaperon activity^{32,33}. In particular, it has been suggested that NC could disrupt template secondary structures at which RT pauses during the elongation phase^{34–36}. It is thus interesting to ask whether NC could disrupt the stem-loop structure upstream of the PBS and increase the primer extension rate at the +3

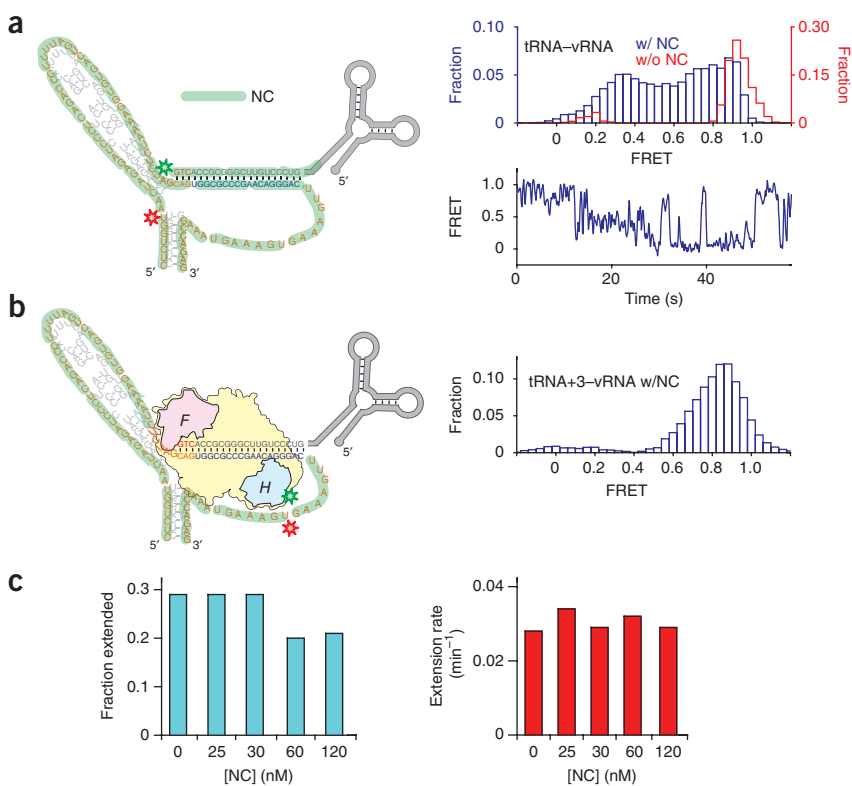


Figure 5 HIV-1 NC destabilizes the stem-loop structure. (a) Left, cartoon of the doubly labeled tRNA–vRNA construct complexed with NC (green). Upper right, FRET distributions obtained from the doubly labeled tRNA–vRNA substrate in the absence (red) or presence (blue) of 1 μ M NC. Lower right, representative FRET time trace in the presence of 1 μ M NC. (b) Left, cartoon of RT bound to tRNA+3–vRNA in the presence of NC. Right, FRET distribution obtained for Cy3-labeled RT bound to Cy5-labeled tRNA+3–vRNA complexes in the presence of 10 nM NC. (c) Single-nucleotide extension kinetics of tRNA+3–vRNA complex in the presence of 20 nM RT and various concentrations of NC. Left, the fraction of tRNA primers extended by a single nucleotide. Right, primer extension rate constants.

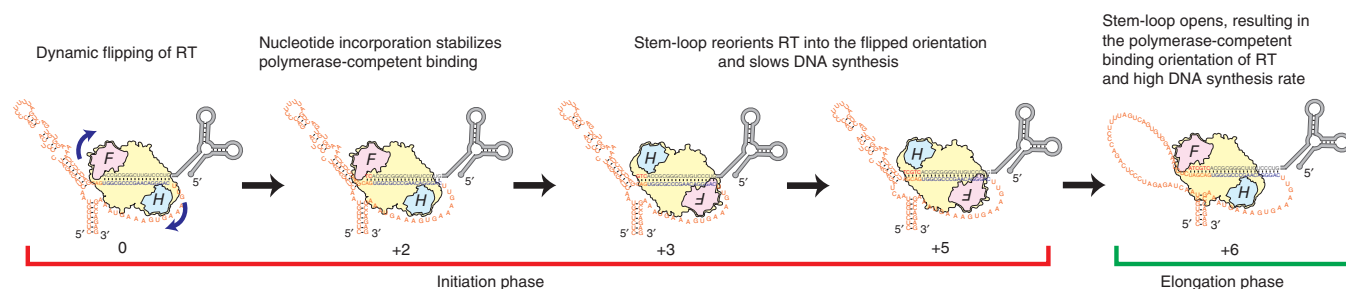


Figure 6 Structural dynamics of the HIV-1 initiation complex regulate the early phases of reverse transcription. RT binds to the initiation complex in two orientations—a polymerase-competent orientation and a flipped, polymerase-inactive orientation. RT spends a large portion of the time bound to the tRNA–vRNA substrate in the flipped orientation. Addition of the first couple of deoxyribonucleotides to the tRNA primer shifts the RT binding equilibrium toward the polymerase-competent orientation and increases the DNA synthesis rate. The synthesis rate drops markedly at position +3, where RT encounters a stem-loop structure in the vRNA template that forces the enzyme to bind predominantly in the flipped orientation, thereby increasing the probability of pausing. Strand-displacement synthesis until the +6 position eventually leads to unfolding of the stem-loop, which allows RT to reorient into the polymerase-competent binding mode and enter the fast, processive elongation phase of DNA synthesis.

position. Addition of NC to the doubly labeled tRNA–vRNA complex broadened the FRET distribution considerably (Fig. 5a). FRET traces of individual initiation complexes revealed fluctuations among a wide range of FRET values (Fig. 5a), suggesting NC-mediated destabilization of the stem-loop. A recent high-throughput footprinting study also shows that the stem-loop upstream of the PBS is at least partially open in the virus particle, whereas disruption of the NC–vRNA interactions restores base-pairing¹⁵. With the stem-loop structure disrupted, we anticipated that RT would bind primarily in the polymerase-competent orientation. Indeed, when added to the Cy5-labeled tRNA+3–vRNA substrate in the presence of NC, Cy3-labeled RT bound predominantly in the high-FRET, polymerase-competent orientation, in contrast to what occurred without NC (compare Fig. 5b with the tRNA+3 panel in Fig. 2b). Intriguingly, despite the disruption of the stem-loop, the addition of NC did not result in appreciable increase in the extension rate of the tRNA+3 primer (Fig. 5c), consistent with previous observations^{16,19}. Considering that NC binding may reduce binding of RT to the primer–template complex³⁶ and inhibit DNA synthesis as a result of steric hindrance³⁷, these negative effects could counterbalance its disruption of the stem-loop structure. Indeed, we observed a substantial reduction in the binding frequency of RT to the tRNA+3–vRNA substrate in the presence of NC in single-molecule FRET traces (data not shown), and NC has been previously found to have both positive and negative effects on reverse transcription depending on the experimental conditions^{34–38}. It is worth noting that NC is present at an extremely high concentration in the virions and that such a condition is difficult to simulate *in vitro* because of protein aggregation. Future experiments that probe the virus directly will be required to further elucidate whether the initiation pauses are alleviated by NC.

DISCUSSION

Reverse transcription of the HIV genome is initiated from a cellular tRNA primer bound to the viral RNA. The specific structure and dynamics of the tRNA–vRNA complex result in an initiation phase with properties markedly different from those of later stages of reverse transcription, providing unique opportunities for anti-HIV drug design. It is thus important to understand the correlation between the structural dynamics of the initiation complex and their functional consequences.

By monitoring the dynamics of individual initiation complexes in real time, we investigated in detail how HIV-1 RT interacts with tRNA–vRNA substrates. Our results reveal that RT adopts two orientations

in the initiation complex—a polymerase-competent orientation and a flipped orientation in which the polymerase active site is placed many nucleotides from the 3' end of the tRNA, precluding primer extension. The equilibrium between these two orientations regulates RT activity throughout the initiation process (Fig. 6). The relatively slow polymerization rates during initiation result in part from the fact that RT spends a large portion of the time bound to the tRNA–vRNA substrate in the flipped, polymerase-incompetent orientation (Fig. 6), though the nucleotide nature of the primer (RNA versus DNA) and the secondary structure of the template, which determines whether RT has to undergo strand-displacement synthesis, could also affect polymerization kinetics directly^{13,16,17}. Notably, the ability to support RT binding in the flipped, polymerase-inactive orientation is a unique property of the RNA primer. When the tRNA primer is replaced with a DNA primer complementary to the PBS sequence, RT binds to the primer–template complex nearly exclusively in the polymerase-competent orientation, and a slow initiation phase is not observed (Supplementary Fig. 6).

Addition of the first few nucleotides to the tRNA primer leads to a shift of the RT binding equilibrium toward the polymerase-competent orientation and an increase in the DNA synthesis rate (Fig. 6). This rate then drops dramatically at position +3, where RT encounters a stem-loop structure on the vRNA template that forces the enzyme to bind predominantly in the flipped, polymerase-inactive orientation, increasing the probability of pausing (Fig. 6). RT cannot escape this slow mode of synthesis until it has synthesized enough DNA to disrupt the stem-loop at position +6. Disassembly of the stem-loop allows RT to reorient into the polymerase-competent binding mode and triggers transition to the fast, processive elongation phase of DNA synthesis (Fig. 6). The single-stranded bulges within the vRNA stem-loop appear to promote the initiation-to-elongation transition (Fig. 3c). Taken together, the above results provide a structural basis for understanding the early stages of reverse transcription and demonstrate how the structural dynamics of the initiation ribonucleoprotein complex regulate RT activity.

Considering the critical role of the stem-loop in regulating RT binding orientation and activity, it is interesting to speculate that HIV may have evolved this structure to act as a temporal brake to slow initiation of reverse transcription. Such a mechanism may help prevent reverse transcription of the RNA genome before virus budding^{39,40}, which is detrimental to viral infectivity^{31,41}. This speculation is supported by the observations that both mutations of the viral NC protein that cause premature reverse transcription and mutations near the vRNA

PBS that increase the initiation efficiency result in virus replication defects^{42–44}. Conveniently, the NC protein has an ability to unwind the stem-loop (Fig. 5a), and evidence suggests that this stem-loop is partially disrupted within the virus particle¹⁵. Therefore, this mechanism to inhibit reverse transcription in the initiation phase may be partially alleviated in a matured virion. On the other hand, the precursor form of NC within the Gag polyprotein (the form found in infected cells before virus budding) appears to have a weaker chaperone activity than the cleaved form of NC present in mature virions⁴⁵, which may mean that the inhibition mechanism is stronger before virus budding to prevent premature reverse transcription. Although NC was not observed to increase the primer extension rate during initiation here, it is difficult to mimic the exact effects of NC *in vitro*. Future *in virio* and *in vivo* experiments may help test these hypotheses.

These unique properties of the initiation complex could make it an attractive target for the development of anti-HIV agents⁹. Indeed, initiation can be suppressed by both nucleoside-analog and non-nucleoside RT inhibitors, some of which show higher efficacy during initiation than elongation^{46,47}. The structural and mechanistic understanding of the initiation process demonstrated here could potentially help the development of novel antiviral agents, in particular by designing drugs that regulate the structural dynamics of the viral RNA and the binding orientation of RT, two factors of critical importance during early reverse transcription.

METHODS

Methods and any associated references are available in the online version of the paper at <http://www.nature.com/nsmb/>.

Note: Supplementary information is available on the Nature Structural & Molecular Biology website.

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AUTHOR CONTRIBUTIONS

S.L., B.T.H. and X.Z. designed the experiments; S.L. and B.T.H. performed the experiments and analyzed the data; S.L., B.T.H. and X.Z. interpret the data and wrote the paper; J.T.M. made the enzyme and some of the tRNA constructs; S.F.J.L.G. contributed to discussion, data interpretation and manuscript preparation.

COMPETING FINANCIAL INTERESTS

The authors declare no competing financial interests.

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